

**Seasonal Elixirs $6**

Mindful Mojito  
**calm & clarity**

lemon balm. apple mint. tulsi. lime

milky oat tincture. conifer needle tincture.

Bliss Milk

**soothe & replenish**

turmeric. ginger. ashwagandha. cinnamon. cardamom. black pepper. coconut milk

Chaga Kola  
**adaptogenic & antioxidant**

chaga mushroom. kola nut. sassafras root. spices

Maca Latte

**tonify & support**

roasted chicory root. maca root.

cacao. coconut milk

Beet Kvass

**hydrate & cleanse**

beets. salt. ginger & lemongrass concentrate

Although herbal medicine is an ancient alternative health method, it is not regulated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.

APOTHECARY ITEMS

**Fire Moon tonic**

A new world twist on an old traditional recipe of apple cider vinegar-based medicine with homegrown veggies and herbs, steeped under the New and Full Moons in fire signs!

Known to boost immunity, balance pH, reduce inflammation, improve circulation, alleviate allergy symptoms, skin conditions, digestive issues, and more!

In three potent & palatable blends!

**Heart Opener + Herbal Boost + Chai-aiaiai**

2oz: $18, 4oz: $26, 8oz: $48

Shots: $4 OR 2 for $6



**Trauma Salves - $11**

bruises, deep muscle injury, scrapes, sprains, burns, breaks

**Beard Oils - $12**

original . rosemary . lumberjack  
conditions hair & softens skin

**St. John’s Wort Oil - $11/22**

external application to old burns, sciatica, nerve damage, sprain/strains

**Guardian Oak Spray - $14**

poison oak/ivy relief, soothe skin

external use only

**Dried Herbs/Teas**bliss milk - $20calendula flowers - $4

indian warrior flowering tops - $6

chamomile flowers - $6

ASK ABOUT OUR CUSTOM ORDERS, BULK ELIXIRS, & HERBAL CONSULTATIONS TODAY!

All products are lovingly handcrafted with organic, homegrown, and wild-crafted herbs. We strive to have connections with the plants we use so they lend themselves more medicinally to us. Here to bring you options for greater wellness on your journey to being full of bliss!

**Blissfull Menu**



Info: [www.blissfullbeingwellness.com](http://www.blissfullbeingwellness.com)

Shop: [www.etsy.com/shop/BlissfullBeingBazaar](http://www.etsy.com/shop/BlissfullBeingBazaar)

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